Worcestershire Health and Well-being Strategy

South Worcestershire Clinical Commissioning Group

Redditch and Bromsgrove Clinical Commissioning Group

Wyre Forest Clinical Commissioning Group
Introduction

This booklet is about a new plan called the Joint Health and Well-being Strategy.

The Joint Health and Well-being Strategy is about how to improve the health and well-being of the people in Worcestershire.

In this booklet we call it the plan.

It has been written by the Health and Well-being Board.

We did some research about what the people in Worcestershire need and used that to write the plan.

We want people to have a good life and stay healthy for longer.

The plan is our ideas about what we can do to make this happen.
What do you think?

The plan will be finished in September.
Before then we want to find out what people think and make changes if we need to.

We want to know what you think about the plan.

There are spaces to fill in your answers in this booklet.

You can ask someone to help you with this if you want to.
Primary Care Trust

The Primary Care Trust decides which healthcare services we have and pays for most of them.

But the Government is changing things.

From next year, we will have Clinical Commissioning Groups instead.

Clinical Commissioning Groups

They have started working, but they won’t take over until next year.

There will be 3 in Worcestershire for:

- South Worcestershire
- Redditch and Bromsgrove
- Wyre Forest

Clinical Commissioning Groups are led by GPs.

They will pay for most of the healthcare in Worcestershire from next year.
Well-being
This is about people having a good life and not getting ill too often.

Research
This is when you find out lots of information about something.

County Council
The county council provides social care services. It also provides other services, like education.

Public Health
Public Health helps people to stay healthy. It gives lots of advice and support about things like giving up smoking or losing weight.
Healthwatch Worcestershire

Healthwatch Worcestershire will be a local organisation that checks we have good health and social care services.

Voluntary Sector

The voluntary sector is charities that give help and support to people.

The Health and Well-being Board

The Health and Well-being Board is new and has been set up by the County Council and the Clinical Commissioning Groups.

Who is on the Board?

There are people from different organisations on the Health and Well-being Board. They include:

- Local councillors. These are the people we vote for in local elections
• Councillor Marcus Hart is the Chair of the Health and Well-being Board

• Doctors from the new Clinical Commissioning Groups

• Senior managers from the County Council and Public Health

• The Chair of Healthwatch Worcestershire.

• Someone from the voluntary sector
What does the Health and Well-being Board do?

We make sure that people are getting healthier.

We make sure that services are working together so we can all have good lives.

We decide what needs to be done to make things better.

We make a plan.

Then we make sure that everyone follows the plan.

This booklet is about the plan.
How we want things to be

We know that people are living longer and getting older. We want to make sure that people have a good life too.

This means we are going to have to change the way we do things.

These are the things we think need to happen:

• Everyone has to join in and help with this.

• We have to help people to live a healthier life.

• We have to help people to be more independent.

• Health and social services have to work together
• All the other plans need to fit with this one.

• Community health services need to be provided when and where people need them. This will mean there are less people going into hospital and care homes.

• Services need to listen to people’s views and offer choice

• People need to be protected from infectious diseases and from abuse.

What do you think about this?
Do you think we have missed anything out?

Is there anything you don’t agree with?
**The 5 most important things**

We have chosen 5 priority areas. These are the things we think are the most important. They are:

1. Older people and helping people to manage any long term conditions they have.

2. Mental health

3. Obesity – this is when people are overweight

4. Alcohol

5. Acute hospital services – these are services provided in the main hospitals.
We have chosen these 5 priority areas because:

- They affect lots of people
- They can cause illness and death
- We spend a lot of money on them
- We think we can make a difference

The things we have not chosen are still important. This includes disability services.

We will make sure we are still providing a good service to people who are not on our priority list.
What do you think about our 5 priority areas?

Would you add anything in?

Would you take anything out?
What we want for older people

Every year there are more older people living in Worcestershire.

Older people have more health problems than other people.

More than half of health and social care services in Worcestershire are for older people.

Here is what we think should happen:

• We should help people to stay independent and to have a good life when they are old.

• We should give people good care in their own homes so they don’t need to go into hospital or a care home.

• We should spend more time helping people before they get ill. This will help them to stay healthy longer.
• We should work hard to help people get better quickly when they have been in hospital.

• Older people should have more choice and control including getting direct payments.

Do you agree with what we say about older people?
What we want for people with mental health problems

There are lots of adults and children living in Worcestershire who have mental health problems.

People who are poor are more likely to have mental health problems than people who are well off.

Here is what we think should happen:

- We should help people to stay independent, stay well and go out to work.

- People should be able to get better support by going to their GP.
  This will mean that less people need specialist mental health services.

- People should not have to wait too long to get help for their mental health problem.
• We should give people with mental health problems good support for their other health problems too.

• People should have more choice and control including getting direct payments.

Do you agree with what we say about people with mental health problems?
More than half of adults in Worcestershire are over weight.
Some of those people are very over weight.
Even some children are very over weight.

People who are over weight have more health problems than other people.

Here is what we think should happen:

- We should make it easier for people to buy healthy food.
- People should have a chance to exercise.
- People should have more advice and support to be a healthy weight.
Do you agree with what we say about obesity?

What we want to do to stop alcohol problems

Lots of adults in Worcestershire drink too much alcohol.

Drinking too much alcohol can cause serious health problems.

Drinking too much alcohol can cause other problems too.
For example, people who are drunk might get violent and they might be arrested.

Here's what we think should happen:

• Pubs and shops should not sell too much alcohol to people.

• People should get more advice about the problems alcohol can cause. They should have support to drink less.

This will mean less people get ill from alcohol and there are less problems like violence.

Do you agree with what we say about alcohol?
What we want for acute hospital services

These are services provided in our main hospitals. These are the big hospitals like Worcester Royal, Kidderminster Hospital and the Alexandra Hospital in Redditch.

Some hospital services are provided at all the main hospitals. It would be better if they were just provided at 1 of the hospitals.

Some hospital services could be provided in people’s homes or in the community.

We spend lots of money on our hospital services. Now we can’t afford to spend so much.

This means we have to spend less on acute hospitals.
Here’s what we think should happen:

- We need to have services that are really good but we also have to be able to pay for them.

- People should use the hospitals properly. This means always going to appointments. This means only going to Accident and Emergency if you really have to.

- People should be looked after in their own homes or in the community if possible. This means they won’t have to go into hospital.

- Patients should be happy about the way the hospital treats them. This means they should not have to wait too long. This means the hospital should understand patients’ needs and treat them well.
Do you agree with what we say about acute hospital services?

Making sure everyone follows the plan

We think the plan is really important.

It will make a difference to the health and well-being of people in Worcestershire.
We will make sure that everyone follows the plan. We will do this by reminding people about it whenever we can.

We will make sure there are plans in place for the 5 priority areas.

We will check the plans to make sure things are changing.

We will ask for reports from organisations and groups.

We will ask them if they are thinking about everything in this plan. We will ask them whether all their services are really good.
What do you think about these ideas?

Is there anything else you would like to tell us?
Please fill in your details:

Name:

Address:

Email address / Phone number:

Please give us your views before 17th August 2012

Please post this booklet to:

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or email to:

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